

Monday

Tuesday

Wednesday

Thursday

Friday



B-Cereal to Go **4**  
 L- Cheeseburger 26g  
 Seasoned potatoes 17g  
 Green Beans 3g  
 Pears 17g  
 Goldfish Cracker 14g

B- Muffin **5**  
 L- Pancakes 37g  
 Sausage 0g  
 Tri-tator 27g  
 Vegetable Choice  
 Juice 14g

B- Cinnamon Roll **6**  
 L- Orange Chicken 25g or  
 Popcorn Chicken 15g  
 Fried Rice 27g  
 Carrots 6g and Broccoli 5g  
 Mandarin Oranges 14g  
 Fortune Cookie 16g

B-Breakfast Bosco Stick **7**  
 L-Mini Corndog 33g  
 Baked Beans 26g  
 Carrots 6g  
 Apple slices 7g

B- French Toast **1**  
 L- -Nachos w/Meat & Cheese 36g  
 Refried Beans 12g  
 Salad 2g  
 Applesauce 19g

B-Donut **8**  
 L- Grilled Chicken Sandwich 26g  
 Tater Tots 16g  
 Broccoli w/ cheese sauce 5g  
 Peaches 17g

B-Cereal to Go **11**  
 L- Bosco Sticks 34g  
 Marinara Sauce 8g  
 Glazed Carrots 6g  
 Blueberries 10g

B- Biscuits & Gravy **12**  
 L- Walking Taco 29g  
 Salad 2g  
 Salsa 2g  
 Refried Beans 12g  
 Fruit Choice

B-Pancakes **13**  
 L- Chicken Nuggets 17g  
 Mashed Potatoes 17g  
 Mixed Vegetables 8g  
 Applesauce 19g  
 Dinner Roll 24g

B-Cinnamon Pretzel Stick **14**  
 L- Pizza 26g  
 Peas 8g  
 Fresh Veggies  
 Pears 17g

B-Urb Round **15**  
 L-Box Lunch  
 Turkey and Cheese Sandwich 24g  
 Carrots & Celery 8g  
 Chips 18g  
 Fruit Slushie 18g

**18**  
 Have

**19**  
 A

**20**  
 Fun

**21**  
 Fall

**22**  
 Break

B- Cereal to Go **25**  
 L- Grilled Cheese Sandwich 31g  
 Potato Wedges 20g  
 Green Beans 3g  
 Peaches 17g

B- Breakfast Pizza **26**  
 L- Taco Stick 32g  
 Salad 2g  
 Corn 21g  
 Pears 17g  
 Churro 9g

B-Chocolate Crescent **27**  
 L-Chicken Tenders 16g  
 Baked Beans 26g  
 Vegetable Choice  
 Pineapple 15g  
 Soft Pretzels 14g

B-Donut **28**  
 L- Cheeseburger 26g  
 Glazed Carrots 6g  
 Tater Tots 16g  
 Applesauce 19g

B-Pancakes **29**  
 Happy Halloween  
 L-Mummy Dog 29g  
 Witch's Broom Stick Fries 20g  
 Spooky Salad 2g  
 Boo-nana 27g  
 Mott's Fruit Snacks 38g