

**PHILOSOPHY OF ATHLETICS FOR  
NORWELL HIGH SCHOOL AND NORWELL MIDDLE SCHOOL**

The Aim of the Northern Wells Community Schools (NWCS) is to maximize the present and future success of our students. The Norwell High School Graduate Profile identifies the individual characteristics that enable students to be successful both now and into the future. Guided by the Aim of NWCS and the characteristics targeted in the Graduate Profile, the athletic programs of Norwell High School and Norwell Middle School are considered to be vital component of the growth and development of our students. Therefore, our athletic programs will offer a variety of athletic opportunities to create a positive and meaningful experience to significantly enhance our students' growth and development toward our NWCS Aim and the NHS Graduate Profile.

Athletic programs should function as an extension of the classroom. They should offer opportunities to serve NWCS, to assist in the development of fellowship and good will, to promote self-realization and all-around growth, and to encourage learning the qualities of good sportsmanship and healthy competition.

**DEPARTMENT PRINCIPLES**

Norwell High and Middle School Athletics will:

- Make the health and safety of the participants the primary concern at all times.
- Emphasize the applicable characteristics of the Graduate Profile at the appropriate times.
- Maintain high expectations of students and coaches.
- Participate and compete within the letter and spirit of the rules of the IHSAA, NHS, NMS, & the Athletic Code of Conduct.
- Be an extension of the educational program.
- Teach the values of healthy competition.
- Teach the value of teamwork to achieve goals.
- Emphasize good sportsmanship and teach students to accept victory or defeat in a gracious manner.
- Encourage students to participate in multiple sports and a variety of activities.
- Strive to create and maintain programs capable of competing at the state level on a regular basis.
- Respect that a student may and should consider his/her religion, family, and education a higher priority than athletics.
- Authorize coaches to make final determination of playing time.

## NORWELL HIGH SCHOOL HEAD COACH EXPECTATIONS

1. Strive and work to develop your program with a K-12 philosophy.
  - a. Play an integral role in feeder programs that pertain to your sport, both in the school setting and the community.
  - b. Assume the primary responsibility of finding and recommending assistant coaches and lower level coaches to the athletic director.
  - c. Evaluate assistant coaches
  - d. Provide leadership/mentoring for assistant coaches and lower-level coaches.
  - e. Offer youth camps throughout the year to get younger students involved in your sport.
  - f. Conduct coaching clinics for youth coaches within your particular sport when appropriate.
  - g. Develop opportunities for sport specific strength and conditioning program
  
2. Strive to develop the Norwell Athletic Department as a whole.
  - a. Off-season programs – develop with other varsity coaches where possible.
  - b. Encourage athletes to participate in multiple sports.
  - c. Work with other varsity coaches when an athlete participates in multiple sports. Communicating off-season activities and expectations to other coaches.
  - d. Allow athletes to participate in other activities when not conflicting with current sport. For example, student athlete on the football team participates in a baseball fall league on Sundays.
  
3. Various administrative duties/responsibilities of Varsity Head Coach:
  - a. Ensure that athletes have proper supervision.
  - b. Maintain a current inventory of equipment, ensure that equipment is properly used and cared for, and communicate with athletic director about equipment needs.
  - c. Proper care of facilities - assist athletic department in maintaining facilities before, during, and after.
  - d. Provide stats per athletic department expectations.
  - e. Host an awards banquet after each season.
  - f. Maintain open lines of communication and be visible with booster organization(if one exists).
  - g. Provide a list of athletes desiring to participate to check eligibility.
  - h. Host a pre-season parent meeting.
  - i. Submit practice schedule to athletic director at the beginning of each season. Athletic director will resolve any conflicts.
  - j. Establish and maintain a positive relationship with the news media.
  
4. Certifications/Memberships:
  - a. Maintain CPR and AED Certification.
  - b. Maintain up to date Coach's Education Certification per IHSAA guidelines.
  - c. Maintain membership in state coaches association(s).
  
5. Assist athletes in pursuing opportunities to participate athletically beyond high school when requested by an athlete.
  
6. Ensure that all assistant coaches participate in annual basic first aid training.

## HIGH SCHOOL COACHES CODE OF ETHICS

### A. Personal Qualities

1. I will exemplify the highest moral and ethical character as a role model for young people at all times.
2. I will set a positive example in word, deed, and appearance.
3. I will have an obvious interest in the growth and development of NWCS students.
4. I will display emotional stability and self-control.
5. I will be flexible in my attitude toward youth and societal changes.
6. I will cooperate with school staff, parents, and the community.
7. I will be an effective leader and know how to motivate athletes.
8. I will have a positive attitude and enthusiastic personality.
9. I will strive for excellence in coaching skills and techniques through professional improvement.

### B. Dealing with Athletes

1. I will be fair and consistent.
2. I will ensure the athlete knows the NHS Athletic Code.
3. I will be honest.
4. I will use effective guidance techniques.
5. I will be approachable.
6. I will respect individual differences.
7. I will select teams according to a criteria specifically created for the sport I coach.
8. I will promote personal fitness and good nutrition.
9. I will strive to develop the qualities of leadership, initiative, and good judgment in each team member.
10. I will encourage and assist team members to set personal goals to achieve their highest academic/athletic potential, both in high school and in the future.

### C. Conduct

1. I will prepare and conduct activities that ensure the safest conditions possible for the athletes and coaches.
2. I will demonstrate and teach good sportsmanship.
3. I will be respectful toward opponents and officials.
4. I will be respectful and cooperative with news media personnel.
5. I will not sacrifice or compromise personal values or principles "to win".
6. I will not use profanity or inappropriate language during interactions with athletes, parents, officials and staff members.
7. I will communicate program goals and objectives to parents and community.
8. I will build and maintain ethical relationships with other staff, coaches, and administrators.
9. I will encourage a healthy respect for the overall athletic program and its vital role in education.
10. I will dress professionally.

Coach: \_\_\_\_\_

Date: \_\_\_\_\_